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| Read the story ‘The Very Hungry Caterpillar.’ Or watch the animated version on YouTube. <https://www.youtube.com/watch?v=75NQK-Sm1YY> | Retell the story from memory by using the pictures in the book. Or watch the animated film on YouTube with the sound turned off and practise retelling the story. |
| Discuss healthy and unhealthy foods from the story. Make up your own version of the story. Can you think of a healthy food that you would eat each day? What would you eat on Saturday? | Set up a shop with food from your kitchen. Take turns with a family member to be the shopkeeper/customer. Practise counting 1p coins to buy the food. Discuss which foods are healthy and unhealthy.  |
|  Make a fruit smoothie.  | Count the pieces of fruit on each page. Have a go at some of the caterpillar counting activities available on our blog. |
| Discuss the days of the week. What day is it today? It was \_\_\_ yesterday so what comes next? Can you remember the days of the week song that we sing at nursery? | Discuss the life cycle of a butterfly. |
|  Use playdough to make a caterpillar.  | Make a butterfly picture. Have a look at some of the butterfly craft ideas on our blog. We would love to see your artwork so don’t forget to e-mail us some photographs or send them on Facebook Messenger. https://i.pinimg.com/originals/f6/8b/ef/f68befdc802ff7015fff2a8dafc0ed1a.png |
| Can you collect some natural materials to make a butterfly picture? https://i.pinimg.com/originals/3d/b5/e3/3db5e35752e5b0ca23d0ddf8649aa46e.jpg Related image | Make a fruit salad and taste a new fruit that you have never had before. Did you like it? Can you make a fruit salad that looks like a butterfly?https://encrypted-tbn0.gstatic.com/images?q=tbn:ANd9GcS8fKmv_hPikK5F66oWIYOxgjoHh3DaoUKX4WPrqMg1nk77B4yH&s  |