



Ryhope Infant School Academy
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Headteacher: Mrs T Allen



1st February 2021

Dear Parents and Carers,

This year's theme is " EXPRESS YOURSELF" and we're encouraging children (and adults) to explore the different ways we can EXPRESS OURSELVES, and the creative ways that we can share our feelings, our thoughts and our ideas.

One of the ways we can express ourselves is through what we wear. Therefore, on Friday 5th February 2021 pupils can wear their own clothes to school (no uniform required) and 'DRESS TO EXPRESS'. They can wear their favourite colour or a variety of colours that express how they are feeling. Colour can be very personal and mean different things to different people, so this is a great opportunity to encourage self-expression and celebrate a diverse range of emotions

We want to see everyone getting involved in this so even if you are at home, please send photos of your child 'DRESSED TO EXPRESS'. We want to create a short video of all our pupils (and adults) at home and in school so get involved and get EXPRESSING YOURSELVES!!

Kind regards

Mrs T Allen
Headteacher

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