

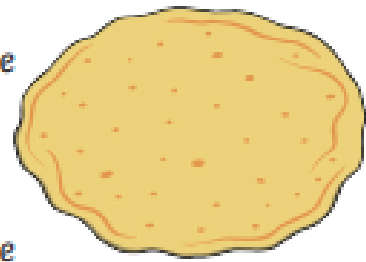
# Pancake Day

## What Is Pancake Day?

Pancake Day is also known as Shrove Tuesday.

It is the last day before the start of Lent.

During Lent, Christian people often give something up. In the past, people were not allowed to eat foods such as eggs during this time, so to use them before Lent began, they would mix them with other rich foods such as milk and flour to make pancakes.



## Pancake Day Racing

All over the UK, pancake racing is very popular. Lots of people gather together in fancy dress to toss pancakes whilst running. The most famous race happens every year in Buckinghamshire, where women run wearing a skirt, apron and a head scarf. Runners have to toss their pancake at the start and finish line.

## How Is Pancake Day Celebrated Around the World?

Pancake Day is celebrated all over the world and has many different names.

- In Sweden, it is known as 'Fat Tuesday' and Swedish people eat a pastry called Semla.
- In Portugal, it is called 'Carnival' and they eat sweet dough balls like doughnuts.
- In Iceland, it is called 'Bursting Day'. Unlike the UK, they eat meat and peas.

### Amazing Fact

The biggest pancake in the world measured over 15 metres and was made in the UK.

# Questions

1. Tick **one** food that was not eaten during Lent in the past.

- bananas  
 butter  
 eggs

2. Draw a line to complete the sentences. The first one has been done for you.

Runners have to toss their pancake	known as Shrove Tuesday
Pancake Day is also	it is called 'Bursting Day'.
During Lent, Christian people	at the start and finish line.
In Iceland,	often give something up.

3. What is Pancake Day called in Sweden? Tick **one**.

- Carnival  
 Fat Tuesday  
 Ash Wednesday

4. How big was the biggest pancake ever made?

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5. Complete the following sentence.

All over the UK, pancake racing is very \_\_\_\_\_

# All About Valentine's Day

Valentine's Day is named after Saint Valentine. Saint Valentine was a Roman priest. Valentine's Day is celebrated on the 14th February every year.

## When did Valentine's Day start?

Valentine's Day came from a Roman festival called Lupercalia.

At this festival, boys pulled girls' names from a box and they would be boyfriend and girlfriend for the festival.

The Christian Church decided to have a festival celebrating love, to remember Saint Valentine.

## What do people do on Valentine's Day?

- People show their loved ones that they care, by taking them out for a treat.
- They sometimes send a gift.
- They sometimes send a card.

## Symbols of Valentine's Day

A **symbol** is something that makes people think of something else. These things are all symbols of Valentine's Day.



hearts



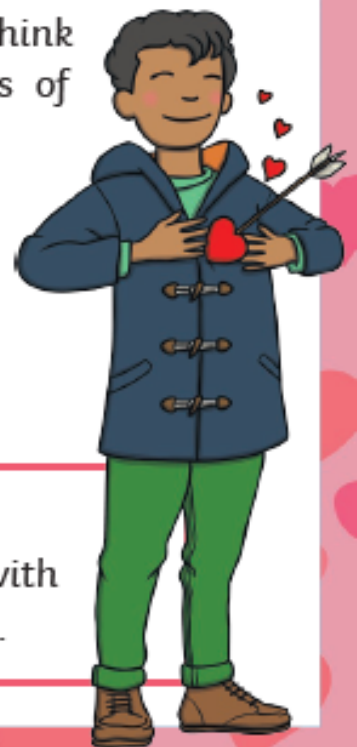
red roses



Cupid



dove



## Did you know?

The stories say that when Cupid shoots people with his magic arrows, he can make them fall in love.

# Questions

1. Who was Saint Valentine? **Tick one.**

- a roman priest
- a teacher
- a shopkeeper

2. What was Lupercalia? **Tick one.**

- a type of pudding
- a roman festival
- a pop band

3. Write two things that people might do to celebrate Valentine's Day.

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4. What do Cupid's arrows do?

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5. Fill in the missing word:

Valentine's Day is celebrated on the 14th \_\_\_\_\_ every year.

# Pete's Silver

- 8 Pete sails the seas and looks for silver!
- 7 His ship is called The Silver Finder and he has a crew of five shipmates.
- 2 Philip is the cook. He likes to make meat pies and stew.
- 3 Prue is the lookout. She scouts out new spots to dig for silver!
- 7 Roy cleans the deck and Floyd helps in the galley.
- 7 Paul is a bird. He squawks all day long.
- 5 The shipmates have not found the silver yet.
- 0 Will X mark the spot?



# Read Together Quick Questions



1. What is Philip's job on the ship?

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2. Why do you think that Pete named his ship The Silver Finder?

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3. Sum up the crew on Pete's ship using 20 words or fewer.

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4. What would you like to find out about Pete and his ship? Write a question.

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