



Ryhope Infant School Academy
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Headteacher: Mrs T Allen

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Dear Parent/Carer

We are delighted to inform you that now that the sport's sector is finally reopening, we will again be offering swimming lessons to Year 1 as part of our "Health and Wellbeing" curriculum. Lessons will take place at the **Silksworth Community Pool**, and will be led by a fully qualified instructor at the pool, all of whom have experience of teaching children with a wide range of abilities. Our main aim is that every child in Ryhope Infant School Academy leaves with basic water confidence, an understanding of water safety and is able to build upon their own skills in a secure and fun environment.

Every child in **Year 1** will take part in a block of **5/6 lessons**, which will take place every **Monday afternoon in one of their P.E sessions**. If your child is a boy, please can they wear their swimming shorts under their uniform on a Monday to assist changing times. We appreciate that this will not be possible for the girls, due to toileting, and we will be assisting them to change in our hygiene room after their lunch. Girls **MUST** wear a one-piece swimsuit, as this is the rule at Silksworth Pool. The children will be split into 2 groups for their block of lessons. **Group 1 (Mrs Simpson's class)** will begin their sessions on **Monday 12th April** after the Easter Holiday. **Group 2 (Mrs Robinson's class)** will begin their sessions after the June half term, further details will follow. **Please make sure your child brings a towel and underwear in a bag for each lesson.**

A comprehensive risk assessment will be completed before our sessions begin and school staff will be accompanying the children. Safe and secure school changing facilities are available at the pool. If you have any further questions, please feel free to discuss them with myself or your child's teacher.

Once again may I thank you all for supporting us at Ryhope Infant School Academy to provide an exciting, rich and varied curriculum for your children, and to continue to be a "Healthy School".

Yours sincerely,
Mrs Simpson
Health and Wellbeing co-ordinator



I give permission for my child _____ to take part in swimming lessons at the Silksworth Community pool.

Class _____

My child is **confident/ not confident** in the water.

Parent's signature _____

If there is anything else you would like to tell us please write below

Ryhope Infant School Academy is an exempt charity. It is a company limited by guarantee in England and Wales under company registration number 09161532, Registered Office Address is the address above.



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