

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
<b>British Values</b>	<b>Rule of law</b> – class Rules, school rules, choice and consequences, being responsible for own behaviours	<b>Mutual Respect</b> – how can we show respect? Being honest, telling the truth, learning how to resolve conflicts, caring for others	<b>Individual Liberty</b> – following rules, having rights, doing what is right and knowing right from wrong, making the right choices	<b>Individual Liberty</b> –having courage, perseverance and determination	<b>Tolerance of Others</b> - multicultural week, learning about other people/places/beliefs	<b>Democracy</b> – school Council election, making own decisions.
<b>Additional Focus</b>	Halloween event	Firework Safety Anti-bullying week	E-Safety week February	Easter parade Mental Health Week	RNLI visit – water safety St Benedict’s Sunflower day	
<b>RSE Policy Links Additional theme</b>	Families and people who care for me	Caring Friendships	Respectful Relationships Online relationships	Being Self Aware	Being safe	Transition
Objectives for each half term						
SEAL	New Beginnings	Say no to Bullying	Getting On and Falling Out	Going for Goals	Good to be Me	Changes
<b>Nursery</b>	<ul style="list-style-type: none"> <li>I know about the rules in my class</li> <li>I can talk about my family</li> <li>I can tell you something special about me</li> <li>I can tell if I am happy or sad</li> <li>I can share and take turns</li> </ul>	<ul style="list-style-type: none"> <li>I know how I am different to my friend</li> <li>I know what ‘being kind’ means</li> <li>I know what to do if I feel worried, upset or scared</li> </ul>	<ul style="list-style-type: none"> <li>I can play with other children</li> <li>I can take turns when I play a game</li> <li>I can express my feelings when I am angry</li> <li>I know when I need to say sorry</li> </ul>	<ul style="list-style-type: none"> <li>I can tell you what I like doing and learning</li> <li>I can tell you what I would like to do</li> <li>I can focus on a task</li> <li>I know if I have done a ‘good job’</li> </ul>	<ul style="list-style-type: none"> <li>I can talk about things I like/dislike</li> <li>I know what makes me excited</li> <li>I can stay still and quiet for a short time</li> <li>I can say what I need</li> </ul>	<ul style="list-style-type: none"> <li>I can tell you how I have changed</li> <li>I can talk about what has made me feel happy, sad, excited etc</li> <li>I can help someone who is feeling sad</li> <li>I can tell you how to look after the classroom</li> </ul>
KEY TEXTS						
<b>Reception</b>	<ul style="list-style-type: none"> <li>I can explain the rules in my class and school</li> <li>I show awareness of how families are different.</li> <li>I can talk about what makes me special</li> <li>I can explain feelings like, happy, excited, sad or scared</li> <li>I understand why people can feel sad/upset/happy</li> <li>I can talk about ways of being kind to others</li> </ul>	<ul style="list-style-type: none"> <li>I recognise how we are all different and what is special about me</li> <li>I can tell you ways children can be unkind</li> <li>I know how to be kind to others</li> <li>I can talk about what to do if I was feeling unhappy about someone being unkind</li> </ul>	<ul style="list-style-type: none"> <li>I can demonstrate friendly behaviour and listen to other children</li> <li>I can wait for my turn to speak</li> <li>I can make myself feel better when I am angry</li> <li>I know how to make up with a friend if we fall out</li> </ul>	<ul style="list-style-type: none"> <li>I can try new activities and can talk about what I can do now that I couldn’t before</li> <li>I can talk about what I would like to get better at</li> <li>I can persevere until I complete a task</li> <li>I can tell someone what was good about my work/activity</li> </ul>	<ul style="list-style-type: none"> <li>I can say what makes me proud and how I feel</li> <li>I can explain how I feel when I am excited</li> <li>I can relax with help</li> <li>I can stand up for myself politely</li> </ul>	<ul style="list-style-type: none"> <li>I can tell you what I can do now that I couldn’t before.</li> <li>I can talk about how ‘change’ makes me feel</li> <li>I know that sometimes when people are unkind its because they don’t feel very good inside</li> <li>I can tell you what I did to make the classroom/outdoors better</li> </ul>

<b>KEY TEXTS</b>						
<b>Year 1</b>	<ul style="list-style-type: none"> <li>I understand what is meant by community</li> <li>I can recognise similarities and differences between me and my friends family</li> <li>I can learn ways to manage my feelings</li> <li>I can recognise how other people are feeling and why</li> <li>I am learning how to solve problems</li> <li>I know about choices and consequences</li> </ul>	<ul style="list-style-type: none"> <li>I know what bullying means</li> <li>I can recognise ways that I am the same/different from my friends</li> <li>I can be kind to children who maybe upset</li> <li>I know who to speak to if I am worried, upset or sad</li> </ul>	<ul style="list-style-type: none"> <li>I know what 'being a good friend' means</li> <li>I know people have different opinions</li> <li>I can work in a group</li> <li>I recognise how it feels when I feel angry</li> <li>I am beginning to solve problems with my friends by myself</li> </ul>	<ul style="list-style-type: none"> <li>I know we learn in different ways</li> <li>I can choose a realistic goal</li> <li>I can resist distractions</li> </ul>	<ul style="list-style-type: none"> <li>I can tell you about my 'gifts' and 'talents'</li> <li>I can use more words to express my feelings</li> <li>I can show or tell you what relaxed means</li> <li>I can be still, quiet and relax my body</li> <li>I know how to stand up for myself</li> <li>I can solve simple problems myself</li> </ul>	<ul style="list-style-type: none"> <li>I can tell you some things that have changed about me and some that have not</li> <li>I can tell you how I might change in the future</li> <li>I can overcome obstacles that get in my way and be resilient</li> <li>I can make changes quickly and easily</li> <li>I know I can make my own choices about my behaviour</li> </ul>
<b>KEY TEXTS</b>						
<b>Year 2</b>	<ul style="list-style-type: none"> <li>I can talk about the community I am part of</li> <li>I can talk about my strengths and how it may be different to my friends</li> <li>I know more ways to manage my feelings and talk about it</li> <li>I am finding out how I can make people feel better</li> <li>I can solve problems</li> <li>I can help make the classroom a safe, fair and good place to learn.</li> </ul>	<ul style="list-style-type: none"> <li>I can recognise what bullying is</li> <li>I can explain why I am of the ways I am different</li> <li>I can recognise actions that may upset another person</li> <li>I am beginning to understand when you feel sad it can affect the way you behave/think</li> </ul>	<ul style="list-style-type: none"> <li>I can give and receive compliments</li> <li>I can see something from someone else's point of view</li> <li>I can talk about how my group have worked well together</li> <li>I know some ways to calm down when I feel angry</li> <li>I can think carefully about how to solve conflicts that might occur</li> </ul>	<ul style="list-style-type: none"> <li>I can tell you some of my strengths as a learner</li> <li>I can set a goal and say how I will feel if I reach it</li> <li>I can break a goal down into smaller steps</li> <li>I know how to overcome frustrations</li> </ul>	<ul style="list-style-type: none"> <li>I can help another person to feel proud</li> <li>I can talk about what makes me worried or anxious</li> <li>I know what makes me feel relaxed and what makes me feel stressed</li> <li>I can explain ways that help me to stop worrying</li> <li>I can tell when it is right to stand up for myself</li> <li>I can use a problem solving process independently</li> </ul>	<ul style="list-style-type: none"> <li>I know different ways that help me learn to do things</li> <li>I know what it means when something is or isn't your fault.</li> <li>I can tell you what a habit is and know that it is hard to change one</li> <li>I can plan to make something about school/my class better</li> <li>I can tell you about how I could make changes happen</li> </ul>
<b>KEY TEXTS</b>						