

WEEK 1	Meat Free Monday	Tuesday	Wednesday	Thursday	Fishy Friday
Meal 1	Margarita Pizza Seasoned Diced Potatoes	Steak And Vegetable Pie Creamed Potatoes	Roast Chicken Yorkshire Pudding Roast Potatoes	Spaghetti Bolognese Herby Bread	Harry Ramsden Battered Fish Fillet Chips
Meal 2	Tomato And Basil Pasta And Garlic Slice	VegeMince Pie Creamed Potatoes	Quorn Fillet Yorkshire Pudding Roast Potatoes	Vegetable Bolognese Herby Bread	Jacket Potato Baked Beans or Cheese
Vegetables	Baked Beans/Green Beans	Glazed Carrots	Broccoli	Sweetcorn	Garden Peas
SANDWICH	Sandwich with salad HAM/CHEESE/TUNA/BREAD & BUTTER	Sandwich with salad HAM/CHEESE/TUNA/BREAD & BUTTER	Sandwich with salad HAM/CHEESE/TUNA/BREAD & BUTTER	Sandwich with salad HAM/CHEESE/TUNA/BREAD & BUTTER	Sandwich with salad HAM/CHEESE/TUNA/BREAD & BUTTER
Desserts	Eves Pudding with Custard	Fruit Pie with custard	Peach and Chocolate Sponge with Chocolate Sauce	Lemon and Cougette Traybake	Custard Cookie
Selected Fresh Fruit, cheese and biscuits & Yoghurt also available as a daily alternative					
Water Or Milk Available on a Daily Basis					
WEEK 2	Meat Free Monday	Tuesday	Wednesday	Thursday	Fishy Friday
Meal 1	Loaded Vegetable Pizza Pomme Noisettes	Chicken Curry Savoury Rice	Roast Turkey Yorkshire Pudding Crispy Roast Potatoes	Minced & Dumplings With Gravy Creamed Potatoes	Jumbo Cod Fish Finger Chips
Meal 2	Mac n Cheese with Garlic Slice	Sweet Potato and Lentil Curry Savoury Rice	Quorn Fillet Yorkshire Pudding Crispy Roast Potatoes	Veggie Mince With Gravy Creamed Potatoes	Jacket Potato Tuna or Coleslaw
Vegetables	Baked Beans/Mixed Vegetables	Green Beans	Savoy Cabbage	Cauliflower	Garden Peas
SANDWICH	Sandwich with salad HAM/CHEESE/TUNA/BREAD & BUTTER	Sandwich with salad HAM/CHEESE/TUNA/BREAD & BUTTER	Sandwich with salad HAM/CHEESE/TUNA/BREAD & BUTTER	Sandwich with salad HAM/CHEESE/TUNA/BREAD & BUTTER	Sandwich with salad HAM/CHEESE/TUNA/BREAD & BUTTER
Desserts	Apricot Flapjack with Custard	Parsnip and Orange Sponge	Toffee Apple Sponge with Custard	Rice Pudding with Shortcake Finger	Citrus Oaty Cookie
Selected Fresh Fruit, cheese and biscuits & Yoghurt also available as a daily alternative					
Water Or Milk Available on a Daily Basis					
WEEK 3	Meat Free Monday	Tuesday	Wednesday	Thursday	Fishy Friday
Meal 1	Cheese and Onion Pizza Swirl And Garlic Slice Herby Diced Potatoes	Chicken Burger in a bun Seasoned Potato Wedges	Pork Yorkshire Pudding Crispy Roast Potatoes	Savoury Mince & Dumpling with Gravy Baby New Potatoes	Harry Ramsden Salmon Fish Finger Chips
Meal 2	Vegetable Pasta Bake And Garlic Slice	Veggie Burger in a Bun Seasoned Potato Wedges	Quorn Sausage Yorkshire Pudding Crispy Roast Potatoes	Vegetarian Mince & Dumpling with Gravy Baby New Potatoes	Jacket Potato Baked Beans or Cheese
Vegetables	Mixed Vegetables/Sweetcorn	Baked Beans	Glazed Carrots	Broccoli	Garden Peas
SANDWICH	Sandwich with salad HAM/CHEESE/TUNA/BREAD & BUTTER	Sandwich with salad HAM/CHEESE/TUNA/BREAD & BUTTER	Sandwich with salad HAM/CHEESE/TUNA/BREAD & BUTTER	Sandwich with salad HAM/CHEESE/TUNA/BREAD & BUTTER	Sandwich with salad HAM/CHEESE/TUNA/BREAD & BUTTER
Desserts	Fruit Cobbler with Custard	Toffee Apple Sponge with Custard	Banana Loaf with Custard	Frosted Carrot Cake	Iced Sunderland Shortcake
Selected Fresh Fruit, cheese and biscuits & Yoghurt also available as a daily alternative					
Water Or Milk Available on a Daily Basis					

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