



**Ryhope Infant School Academy**  
Shaftesbury Ave, Ryhope, Sunderland SR2 ORT  
Tel: 0191 917 1910 Fax: 0191 521 1224  
Email: [info@ryhopeinfantschool.org.uk](mailto:info@ryhopeinfantschool.org.uk)  
[www.ryhopeinfantschool.org.uk](http://www.ryhopeinfantschool.org.uk)

29<sup>th</sup> November 2021

**Headteacher: Mrs T Allen**

Dear Parents and Carers

### **Relationships, Sex and Health Education Policy Parent Consultation**

At Ryhope Infant School Academy, we aim to promote personal wellbeing and development through a comprehensive taught programme of Personal, Social, Health and Economic (PSHE) education. This gives children and young people the knowledge, understanding, attitudes and practical skills to live healthy, safe, productive and fulfilled lives, both now and in the future.

From September 2020, RHSE (Relationships, Health and Sex Education) has been made compulsory in all primary schools in England, with an emphasis on Relationship Education, meaning primary schools have a legal duty to provide and teach the children this curriculum content.

Health Education includes learning about 'the changing adolescent body' to equip children to understand and cope with puberty. Alongside this the DfE recommends, 'that all primary schools should have a Sex Education programme tailored to the age and the physical and emotional maturity of the pupils.'

Due to the age of the children at Ryhope Infant School Academy, explicit lessons are not taught as this would not be age or stage appropriate. The new guidance focuses on healthy relationships and keeping children safe in the modern world. It also covers a wide range of topics relating to physical and mental health, wellbeing, safeguarding and healthy relationships. Learning about the emotional, social and physical aspects of growing up, it will give our children the information, skills and positive values to have safe, fulfilling relationships and will help them take responsibility for their own well-being. Everything we deliver to our children will be age-appropriate and meet the needs of all pupils in the class.

We are writing to you in relation to this as schools are required to consult with parents when developing and reviewing their policies for Relationships Education and RSE. This will inform schools' decisions on when and how certain content is covered.

As we are currently in unprecedented times, which makes it more challenging to hold face to face consultations, our consultation will need to take place digitally. Please could you read through the RISA 'PSHE & RSHE Policy' which can be found on our website under the heading 'Our Curriculum', 'Subjects' and then 'PSHE/RSHE' heading. Here, you will find our RSE policy and you will see a summary of the curriculum content that will be taught. **The resources we use to deliver these lessons are all age-appropriate** and are tailored to the age and physical and emotional maturity of our pupils.

Ryhope Infant School Academy is an exempt charity. It is a company limited by guarantee in England and Wales under company registration number 09161532, Registered Office Address is the address above.



Proud to be a  
**Schools North East**  
Partner School



The Statutory guidance can be found at:

<https://www.gov.uk/government/publications/relationshipssex-and-health-education-guides-for-schools>

We are then keen to hear any feedback you may have and invite you to complete a questionnaire via Microsoft forms. Please use the link on the website consultation page or by using the link below. This letter will also be posted on the website on the RSE consultation page.

<https://forms.office.com/Pages/ResponsePage.aspx?id=nlWwGd-QhkSyReLRovvZfol3XTnVwjBqrFzaN6OJ3xUM0hWWUc2VFhSM09QQ0VYRIhMTVVTRUgzQS4u>

Your views are very important to us and we will respond to you on the outcome of this process early in the next term. Please provide any feedback by Sunday 5<sup>th</sup> December 2021.

We hope this letter and the information provided on the website goes some way to alleviate any worries you may have. We are confident you will share our enthusiasm for the successful implementation of the new PSHE curriculum, which we feel will benefit all our pupils.

Yours Sincerely



Mrs T Allen  
Headteacher

Ryhope Infant School Academy is an exempt charity. It is a company limited by guarantee in England and Wales under company registration number 09161532, Registered Office Address is the address above.



Proud to be a  
**Schools North East**  
Partner School



We're teaching every child to read with Little Wandle Letters and Sounds Revised in partnership with the DfE

**GOLD**  
**active**  
**Sunderland**  
School 2020-21



**Operation**  
**Encompass**  
Supporting children through key adults

**Basic Skills**  
**Quality Mark**  
10 Year Award



**Ofsted**  
Good  
Provider