



APEXTRA



Education & Skills
Funding Agency



European Union
European
Social Fund

Sunderland
City Council

Let's Get Through This Together - Wellbeing



Family Learning at Home

We will contact you week commencing 2nd May 2022

- Are you interested in finding out about what we can offer your family?
- You haven't completed one of our courses previously.
- We will deliver a **free** topic pack each week to your door.
- Each pack will be different and have activities for your family to complete, from Early Years, Key Stages 1 & 2
- We will keep you informed via a weekly email, phone calls and weekly 'drop off' of packs
- The topics are '**Mental Wellbeing**' which includes a range of activities, including science, a comprehensive stationery pack and a scrapbook, Happy Wellbeing book, Silly Billy, Owl Babies, Gingerbread Man, Three Little Pigs, Harry Potter, Water Cycle/Climate Change, Energy saving, Bottle Biosphere and growing and Bees.

This is all free!

If you're interested or want to find out more information, then please contact us on the number below or email, as soon as possible as places are limited.

Please contact: Denise Hepplewhite on Mobile: 07747832225 or
email: dhepplewhite@apextra.co.uk