



Ryhope Infant School Academy
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Headteacher: Mrs T Allen

28 November 2022

Dear Parent/Carer

We are delighted to inform you that we will again be offering swimming lessons to Year 1 as part of our "Health and Wellbeing" curriculum. Lessons will take place at the **Everyone Active Silksworth Puma Centre Pool**, and will be led by a fully qualified instructor at the pool, all of whom have experience of teaching children with a wide range of abilities. Our main aim is that every child in Ryhope Infant School Academy leaves with basic water confidence, an understanding of water safety and is able to build upon their own skills in a secure and fun environment.

Every child in **Year 1**, will take part in a block of **10 lessons**, which will take place each **Tuesday morning, 10.01.23, 17.01.23, 24.01.23, 31.01.23, 07.02.23, 14.02.23, 28.02.23, 07.03.23, 14.03.23 and 21.03.23 in one of their P.E sessions. (Please make note of these dates)** If your child is a boy, please can they wear their swimming shorts under their uniform on a Tuesday to assist changing times. Girls **MUST** wear a one-piece swimsuit, as this is the rule at the Silksworth Puma Centre Pool. **Please make sure your child brings a towel and underwear in a bag for each lesson. NO** earrings are to be worn.

A comprehensive risk assessment will be completed before our sessions begin and school staff will be accompanying the children. Safe and secure school changing facilities are available at the pool. If you have any further questions, please feel free to discuss them with myself or your child's teacher.

Once again may I thank you all for supporting us at Ryhope Infant School Academy to provide an exciting, rich and varied curriculum for your children, and to continue to be a "Healthy School". **Please return the attached slip by Monday 5th December 2022. DO NOT** put the slip in book bags please hand to the school office.

Yours sincerely,
Mrs Simpson
Health and Wellbeing co-ordinator



I give permission for my child _____ to take part in swimming lessons at the Everyone Active Silksworth Puma Centre Swimming pool.

Year 1 pupil

My child is confident/ not confident in the water.

Parent/Carer signature _____

If there is anything else you would like to tell us please write below

Ryhope Infant School Academy is an exempt charity. It is a company limited by guarantee in England and Wales under company registration number 09161532, Registered Office Address is the address above.

