



Ryhope Infant School Academy
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Headteacher: Mrs T Allen

13th September 2023

Dear Parents/Carers

We are now a nut free school

Children who suffer from nut allergies can develop a severe, potentially life-threatening allergic reaction.

If someone has a nut allergy it is not just eating nuts that can cause a severe reaction, just being touched on the skin or smelling the breath of someone who has had nuts or a product containing nuts can trigger anaphylactic shock (which can cause breathing and swallowing difficulties).

Staff in the school are trained to use the Epi-pens (an injection of adrenalin) which is required immediately if this happens.

We cannot have nuts in school in any form. So please can we ask that you do not bring any products containing nuts onto the school grounds. If any food is brought into school at any time please check the packaging of all products closely.

We appreciate that this is an additional thing to check and we know that you recognise the importance of it. We do have to insist we are a nut free school. I know if this was your child you would expect that we all help, especially as it is a life-threatening condition.

If you have any questions, please do not hesitate to speak to a member of staff.

With kindest regards

Mrs Tammy Allen

Headteacher

Ryhope Infant School Academy is an exempt charity. It is a company limited by guarantee in England and Wales under company registration number 09161532, Registered Office Address is the address above.

