

Primary PE and Sport Premium Funding 2024/25

Ryhope Infant School Academy

Current numbers on roll:

Number of children in Years 1 and 2 who are **eligible** for Sport Premium on the January 2024 School Census = 70

As part of the Governments sports funding initiative, every eligible school will receive £16,000 plus an additional £10 per pupil in Year 1 and 2.

Funding : £16,700

Total Income: £16,700

Background:

In April 2013, the Government announced new funding of £150 million for Physical Education (PE) and sport. This funding should be used to improve the quality and breadth of PE and Sport provision. This funding is ring fenced to be used for sport specific areas to make an impact in Physical Education and Sport in schools.

Schools are free to determine how best to use this funding to improve the quality and breadth of PE and Sport provision, including increasing participation in PE and Sport so that all pupils develop healthy lifestyles and reach the performance levels they are capable of.

The revised vision for the Primary PE and Sport Premium is:

VISION

All pupils leave primary school physically literate, equipped with skills and motivation for lifelong activity, fostering healthy lifestyles, and raising PE's profile through improved teaching, diverse sports, and increased participation, ensuring sustainable, whole-school benefits.

OBJECTIVE: To achieve self-sustaining improvement in the quality of PE and sport in primary schools.

We would expect indicators of such improvement to include:

- The engagement of all pupils in regular physical activity - kick-starting healthy active lifestyles.
- The profile of PE and sport being raised across the school as a tool for whole school improvement.
- Increased confidence, knowledge and skills of all staff in teaching PE and sport.
- Broader experience of a range of sports and activities offered to all pupils.
- Increased participation in competitive sport.

During the academic year September 2024 to July 2025 we plan to spend our funding in the following areas:

The **table** below (blue heading) is a comprehensive list of intended spending on employing experienced specialist coaches. The following **table** (green heading) is further intended spending. The actual spend and impact of this spending will be listed in the **table** headed in yellow.

At Ryhope Infant School Academy, we recognise the contribution of PE to the health and well-being of the children. We believe that an innovative, varied PE curriculum and extra-curricular opportunities have a positive influence on the concentration, attitude and academic achievement of all our children.

Sports Premium Intended Spend	Activity	Impact
£9,000	Employing experienced coaches to deliver high quality sports enrichment sessions, lunch time clubs and after school clubs. (Dance, multi skills, outdoor forest school, yoga)	<p>By employing experienced coaches in a variety of physical activities, we will continue to raise the quality of teaching across a wider range of Physical Activities and Sport. We will further develop the knowledge, skills and confidence to teach the whole child through sport. In turn, this will support improvements in the quality of speaking and listening and PSHE skills as well as health and wellbeing. We will also see an increase in pupil participation in a wider range of inclusive activities. Staff will continue to be supported by specialist coaches to enable them to deliver a rich variety of activities which can then be adapted and integrated into their own PE lessons. This year we are engaging coaches from a range of disciplines including dance, yoga, outdoor adventurous activities and multi-skills/football.</p> <p>Pupils who attend After School Clubs will show a greater commitment and responsibility. There will</p>

		<p>be an increased number of pupils attending the after school clubs.</p>
	<p>Teaching Staff will incorporate knowledge gained from Games and Athletic Enrichment Sessions, delivering high quality PE lessons to all pupils within the school each week.</p>	<p>Children from Nursery to Year 2 will gain knowledge and skills within the following subjects.</p> <p>Autumn 1: Enrichment Provision: Basic Skills / Multi-skills</p> <ul style="list-style-type: none"> ● EYFS- <ul style="list-style-type: none"> ➢ Nursery- Gross Motor development- balancing, negotiating space, dressing and undressing. ➢ Rec- Basic Moves- space, running, jumping, throwing and catching. ● KS1 - <ul style="list-style-type: none"> ➢ Y1- Gymnastics (Floor-work) - Basic rolling, balancing, jumping. ➢ Y2- Gymnastics (Floor Work)- Developing styles of rolling, balancing, jumping. <p>Autumn 2: (Enrichment Provision: Yoga)</p> <ul style="list-style-type: none"> ● EYFS - <ul style="list-style-type: none"> ➢ Nursery - Gross Motor development- position and direction. ➢ Rec- Basic Moves / Dance (through Music and

		<p>Movement).</p> <ul style="list-style-type: none"> • KS1 - <ul style="list-style-type: none"> ➢ Y1 – Dance- Exploring basic movements. Sequencing to music. Beginning to work collaboratively in a small group or in unison with partner. Perform simple movements. ➢ Y2- Dance - Exploring movements. Sequencing to music. Working collaboratively in a small group or in unison with partner. Perform simple movements. <p>Spring 1: (Enrichment Provision: Dance)</p> <ul style="list-style-type: none"> • EYFS <ul style="list-style-type: none"> ➢ Nursery- Gross Motor Skills-Outdoors, bikes, scooters, bouncy hoppers, balancing “stomp-abouts” ➢ Reception- Gymnastics Apparatus: Exploring simple rolls/ balances/ jumps. Introduction to sequencing. • KS1 - <ul style="list-style-type: none"> ➢ Y1- Gymnastics Apparatus: Develop rolls. Balance 1pt/2pt/ Jumping styles. Developing sequencing a set of gymnastic movements.
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	<ul style="list-style-type: none"> ➤ Y2- Gymnastics Apparatus: Refine rolls/ balance styles 1pt/2pt/ Jumping styles. Fluently sequencing with improved control. Explore Springboard. <p>Spring 2: (Enrichment Provision: OAA: Muddy Monsters)</p> <ul style="list-style-type: none"> • EYFS - ➤ Nursery- Gross Motor Development-Outdoors, bikes, scooters, bouncy hoppers, balancing with “stomp-about” ➤ Reception- Fundamental Games Skills • KS1 ➤ Y1- Dance- Develop ➤ Y2- Dance- Refine <p>Summer 1: (Enrichment Provision: Dance Theatre)</p> <ul style="list-style-type: none"> • EYFS - ➤ Nursery- Outdoor Gross Motor Development. ➤ Reception- Develop Games and Athletic Skills • KS1 – ➤ Y1- Athletics Skills- hopping, throwing, catching, dribbling, jumping, running, galloping. ➤ Y2- Athletics. Team games. Sports Day preparation.
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	<p>We will take part in various inter- school / Intra School competitions such as Multi- skills, Athletics, Invasion games, Skipping Schools and Key Steps Gymnastics, and enjoy the Summer Sports Challenge.</p> <p>Coach to work with PE co-ordinator to organise and lead Sports day to include various sporting activities such as sprints, sack race, relay and javelin.</p>	<p>Summer 2: (Enrichment Provision: Multi-Skills Summer Challenge)</p> <ul style="list-style-type: none"> • EYFS - <ul style="list-style-type: none"> ➢ Outdoor Gross Motor Development. ➢ Reception- Athletics/Team Games • KS1 - <ul style="list-style-type: none"> ➢ Y1- Athletics/Team Games ➢ Y2- Athletics. Team games. Assess Key Skills. <p>Pupils will participate in festivals and competitions with different Schools as available, e.g “Skipping Schools” and “Key Steps Gymnastics”. They will develop healthy attitudes towards competitions as well as developing sportsmanship qualities.</p> <p>Pupils from Nursery - Year 2 will be able to develop healthy attitudes towards team building, sportsmanship and competition. They will improve their skill levels in the practise period and enhance their ability and team work skills by playing against other children. Pupils will develop their knowledge of a variety of sports.</p>
Actual Spend Total: £8,400	Impact	

<p>Our coaching company, A&P Coaching, was able to deliver high quality Enrichment sessions across the key stages, which included Nursery, thus enabling every child in school, to take part. They also delivered after school football club as part of our after school provision.</p>	<ul style="list-style-type: none"> • Retaining our specialist coaches for another year has again been extremely successful. The excellent relationships developed between coaches, staff and pupils continue to foster an “I can” attitude from the children, who are excited and motivated to take part in weekly sports enrichment activities. • The improvement in the quality of Speaking and Listening and PSHE skills as well as health and wellbeing continues to go from strength to strength. • Coaches continue to support staff by delivering a rich variety of activities in their sessions, which they were able to adopt for use in their teaching of PE. Pupils continue to develop their teamwork skills, respect for others and resilience, particularly Y2 pupils as part of their traditional Summer Challenge. • Enrichment - Pupils demonstrate an improvement in basic skills and teamwork, and excitement to undertake physical activities. • Our 2 Year Old's in the Nursery 2 Year Old Room were excited to develop their physical gross motor and listening skills, as well as PSED by developing the confidence to try new activities.
<p>We continued to offer a wider range of Enrichment experiences this year. Specialist dance coach, Beth Clark joined us in the Spring and Summer Terms. She delivered high quality sessions across the key stages, from Reception to Y2.</p>	<ul style="list-style-type: none"> • Employing a specialist dance coach to widen the experiences of our pupils has again proved extremely successful. The children were exceptionally excited, motivated and engaged, including the boys who can traditionally be less enthusiastic in this area, during their weekly sessions. • Dance teaching has proved to be an area where teaching staff continue to feel less confident in their delivery, and by employing an exceptionally experienced dance teacher, school staff have gained both confidence and ideas which they can incorporate and deliver in their own curriculum lessons in the future.
<p>We re-engaged the inspiring services of “Muddy Monsters”, with Phil Waldram, who delivered weekly Forest School Outdoor Learning activities across the key stages during Spring Term.</p>	<ul style="list-style-type: none"> • Young children thrive in the outdoors, and outdoor learning experiences are vital for children in the Early Years. • Outdoor learning improves child development, supports mental health and wellbeing, deepens nature connection and promotes more inclusive and engaging learning. Muddy Monsters proved to be a fabulous success with all pupils, with children anticipating sessions with excitement and enthusiasm. They learned how to interact more with nature, and also gained vital life lessons including fire and outdoor safety. Staff were also incredibly engaged and gained a wide variety of ideas to enhance outdoor learning in school on a daily basis.

<p>A fabulous new coach we engaged this year was Adele Plummer from Yoga Doxford, who delivered "Yogikids" and mindfulness activities to all year groups in the Autumn Term.</p>	<p>This use of our funding was an incredible success. Yoga offers children huge benefits, boosting physical strength, flexibility, balance, & coordination, while also sharpening focus, self-esteem, & emotional regulation through breathing & mindfulness techniques. It also helps to reduce stress therefore improving behaviour and fostering creativity. This makes it great for overall well-being. It teaches children vital life skills like calmness, self-acceptance, & managing big feelings, translating to better school performance & healthy habits. All of our pupils were excited to take part and remained very engaged in the activities on offer.</p>	
Intended Sports Premium Spend (Internal and External)	Activity	Impact
£1600	Swimming Lessons and Transport for Year 1 pupils inc cost to cover swimming hats, badges and achievement certificates.	Improving personal resilience and water safety skills as well as listening skills and PSHE skills.
£1000	Festival and Competitions with transport	<p>All pupils are able to attend tournaments, festivals and competitions.</p> <p>Fitness: This includes developing muscle strength, endurance, flexibility and agility.</p> <p>Character: Physical education encourages participants to work as components of a team, showing them how to successfully work together to reach a goal. A sense of fair play is fostered as well as an awareness of and sensitivity toward others.</p> <p>Skills: Many skills are learned during physical education classes, including how to position the body for various sporting activities,</p>

		<p>how to keep safe when stretching the body to its limits and how to mentally prepare for sporting events.</p> <p>Sport: Participants learn about particular sports' rules, techniques and strategies, often enabling them to cope successfully in real-life situations.</p> <p>Mental Health: Sports such as skipping improves the ability to stay calm by working the brain and body at the same time, helping young children to remain calm in stressful situations.</p>
£1500	Replenish resources and storage	Audit of current sports equipment and purchase of new equipment that is appropriate for Rec and KS1 and will support a range of activities across the school, both indoors and outdoors.
£1000	P.E Co-ordinator release time for research and to re-apply for the Great Active Sunderland Schools Chartermark.	Great Active Sunderland School Charter is an innovative accreditation developed with the aim of ensuring schools work towards the city's outcome of; 'All together an Active Sunderland' and ensuring that schools are recognised for the important work that they do in physical education, sport, physical activity and in the community. This will also allow the co-ordinator to monitor and analyse progress and to share good practice.
£100	Staff CPD	Supply cover to be arranged for staff who have identified a need to attend PE networks and other PE CPD to ensure they have a clear understanding of the most up to date and relevant information, as well as learn new techniques and strategies. Staff

		will feed back to the rest of the school to upskill peers.
£300	Jump Start Johnny	This is an activity program which allows pupils to engage in activity breaks, which impacts on their focus and concentration skills, allowing pupils to be more engaged and reducing those barriers to learning.
£800	After School Club Coaching plus school subsidies towards parental costs	There will be an increased number of pupils attending the after school clubs.
Actual Spend	Impact	
£1784- Swimming Lessons	<ul style="list-style-type: none"> • All pupils demonstrated improved personal resilience and water safety skills, as well as listening skills and PSHE skills. 	
£1638: £480 release time for staff £998 cost to participate and travel £160 cost of Competition Kits	<ul style="list-style-type: none"> • All pupils were able to attend tournaments, festivals and competitions and were provided with competition kits. <p>Skipping School Skipping Festival Competition/ Key Steps Gymnastics Competition and Final:</p> <ul style="list-style-type: none"> • Fitness: Improved muscle strength, endurance, flexibility and agility. Character: Working as components of a team, showing them how to successfully work together to reach a goal. A sense of fair play is fostered as well as an awareness of and sensitivity toward others. Skills: How to keep safe when stretching the body to its limits and how to mentally prepare for sporting events. Sport: Participants learned about rules, techniques and strategies. 	

	<p>Mental Health: Skipping and Gymnastics improves the ability to stay calm by working the brain and body at the same time, helping young children to remain calm in stressful situations.</p> <ul style="list-style-type: none"> • The purchase of specialised gymnastic hoodies and matching t-shirts for skipping teams enabled participants to have pride in themselves as members of a team and as ambassadors for our school. Appropriate sport specific kit enables the best performance possible during competitions. • Our school represented Sunderland in the Key Steps Final at the Royal Grammar School, after winning the Sunderland competition. • Our school gained silver medals in various disciplines throughout the Skipping Competition, demonstrating fabulous team-work and individual achievement.
£1889	<ul style="list-style-type: none"> • New equipment purchased for indoor and outdoor provision including “monkey bars”, “active playground” resources, gymnastic equipment to support After School Gymnastics clubs, SEND specific resources for Nurture “Butterfly Room” and “Sensory Circuit” in KS1.
£1200	<ul style="list-style-type: none"> • PE lead has collated evidence which has led to the retention of the Sunderland Gold Standard Active Schools Chartermark, which demonstrates the importance we place on improving the health and well-being of pupils, creating sport and physical activity opportunities and being a great community school. • P.E lead led teams of gymnasts from our school, including the winners, in the Key Steps Competition, then subsequently led our winning team in the Regional Final in Newcastle! • Planning and supporting CPD sessions for staff to share their evaluations and further intentions regarding the planning and delivery of our “Real P.E” curriculum and give staff the opportunity to collate ideas and iron out difficulties with our Real P.E Scheme of Work. • Time to research a wider variety and range of enrichment activities for 24.25 school year will ensure a broader experience of a range of sports and activities offered to all pupils. • Researching and arranging enrichment workshops throughout the year, and working with the “Active Sunderland” health initiatives on Healthy Eating and Mindfulness also gave children a broader experience of activities.

£310	<ul style="list-style-type: none"> Jump Start Jonny is well embedded in our daily routine, and continues to be an extremely important and useful way to encourage physical activity and brain breaks in a fun and non-threatening environment throughout the school day. We utilise this every morning to get the children moving and motivated prior to their lessons starting, and also periodically throughout the day to get physical and refocus small brains, readying them for more focused learning. This continues to ensure that all children are in a positive frame of mind and ready to learn.
£695: REAL P.E Scheme	<ul style="list-style-type: none"> The purchase of the “Real P.E” scheme of work has ensured a continued improvement in the planning of lessons and supported appropriate and consistent progression of skills within individual classes and throughout the key stages. This has in turn helped teaching staff with the provision of detailed lesson plans, leading to an ability to work smarter and improving staff mental health and wellbeing.
£953: After School Clubs	<ul style="list-style-type: none"> Specialist coaches including those from AAA Sports (Gymnastics) and Beth Clark (Dance Theatre), alongside our P.E Coordinator, were able to offer a range of different after school activities which hooked the interest of our pupils. Funding was also used to help lower subscriptions and cover costs for parents, allowing more children to be able to access the clubs. This was one of our most valuable uses of this year’s Sport’s Grant.
Total: £16, 869	